



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

1

#### Teacher Guide (pages 1-9) & Rubric (pages 10-12)

#### Teacher Background & Preparation

In this activity, students build **mini composters in bottles** to test how different factors affect decomposition. It's a simple model of composting that links to the concept of moving from a **linear** food system (produce → consume → dispose) to a **circular** one (where “waste” is regenerated into inputs for new growth). By monitoring their bottle compost, students practice experimental design, observation, and data analysis skills, all while learning core principles of composting and nutrient cycling.

**Composting Science Recap:** Effective composting requires the right balance of four ingredients: **carbon (browns), nitrogen (greens), moisture, and oxygen** ([joegardener.com](http://joegardener.com)). With a good mix of browns and greens, kept **aerobic** (oxygen present) and **moist like a damp sponge** (not waterlogged) ([joegardener.com](http://joegardener.com)), microorganisms will rapidly break down organic matter into stable humus. The ideal carbon:nitrogen ratio is around **25–30:1** (about 2–3 parts carbon-rich “browns” to 1 part nitrogen-rich “greens” by volume) ([joegardener.com](http://joegardener.com)). When conditions are optimal, compost can heat up significantly as microbes “work” (in large piles exceeding 60–65°C). In our small bottles, temperature changes may be modest, but other signs of decomposition (odor, physical breakdown, fungus growth, volume change) will be evident. **If any one factor is off** – e.g. too **wet** (drowning out air) or too much **nitrogen** (not enough carbon) – the process can turn anaerobic, leading to **odors** like ammonia or sulfurous “rotten egg” smell ([joegardener.com](http://joegardener.com)). This experiment will likely showcase those outcomes in the groups that intentionally alter conditions.

**Alignment:** This HOA is for **Module 1, Lesson B: “From Linear to Circular – Rethinking Food Production.”** It reinforces the idea that what we typically call “waste” (food scraps) can be **regenerated** into a resource (compost) to grow new food, closing the loop. It's a tangible way to discuss **circular economy** and **agroecology** principles – mimicking nature's nutrient cycles. Students also engage with the scientific process: forming hypotheses, controlling variables, collecting data, and drawing evidence-based conclusions (important NGSS science skills). Moreover, they practice **systems thinking** by seeing how inputs (waste, water, air) and conditions affect outputs (compost quality, decomposition rate).

#### Materials & Setup

##### Materials (for class of ~30, 6 groups):

- Clear 2-liter plastic bottles – 6 bottles (one per group) plus a couple extra in case of mistakes. (Ask students to bring from home or collect from recycling bins beforehand.)
- Utility knife or awl (for teacher to start bottle cuts); scissors for students to finish cuts.



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

2

- Duct tape or packing tape – to secure bottle lids after setup and patch any holes after observations.
- Permanent markers or masking tape & pens – for labeling bottles and marking fill levels.
- Thermometers – Ideally 6 (one per group) of any type that can measure ~20–50°C. Compost thermometers are great but not necessary; simple alcohol lab thermometers or even meat thermometers can work. (If not enough for all, one or two can be shared.)
- Spray bottles with water – at least 2-3 to circulate among groups at setup (or one per group if possible).
- **Compost materials:**
  - **Browns:** Dry leaves (collect a bagful from around school or ask students to bring), shredded newspaper or paper (a couple of newspapers or a paper shredder’s worth), cardboard torn into pieces, dry straw or wood chips (if available). Having a mix is good. Ensure **some is finely shredded** for easier decomposition ([joegardener.com](http://joegardener.com)).
  - **Greens:** Fresh vegetable and fruit scraps – you can collect from a cafeteria a day or two before. Ideal scraps: fruit peels, vegetable peels, wilted salad greens, coffee grounds. Avoid meat or dairy for safety and odor reasons. You’ll need a few cups of greens per group. Keep them in a fridge or cool place to avoid bad rot before use. Grass clippings (untreated) can also be used as a substitute (though they might smell strongly of ammonia if used heavily).
  - **Soil:** Garden soil or finished compost. You’ll need about 1–2 cups per group. This will be used as a “starter” layer to introduce microbes. If you have access to finished compost, that works even better (rich in microbes).
  - **Optional Activator:** For Group 6, you may provide a small bag of **manure** (e.g. aged chicken manure or cow manure) or **compost starter mix**. Manure is a natural activator high in nitrogen and microbes, but use with caution (wear gloves, and a little goes a long way to avoid overwhelming the bottle; [joegardener.com](http://joegardener.com)). Alternatively, a scoop of **extra garden soil** with lots of microbes can suffice as their “activator.”
- Nitrification test strips (*optional*) – if you want students to measure nitrate vs ammonium at the end. If not available, you can skip or discuss qualitatively (e.g., the smell of ammonia as evidence of excess nitrogen).
- **Measuring tools:** Rulers or tape measures (to measure compost height in cm). A scale is optional if you want them to measure mass loss; not necessary for this activity, but could be interesting for an advanced class (each group could weigh their bottle at the start and end).



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

3

- **Personal protective equipment:** Gloves (gardening or disposable) for each student if possible, especially when handling potentially moldy compost at the end. Aprons or lab coats to protect clothing. Eye protection is not required unless someone is particularly sensitive, but safety goggles can be available as precaution when cutting bottles or handling unknown molds.
- **Space Prep:** Identify an indoor or sheltered area to store the bottles. A windowsill or corner of the classroom works. The area should be room temperature or warmer (composting slows in cold rooms). If possible, 25–30°C (77–86°F) is great for microbial activity. If the classroom is cool, consider placing it near a mild heat source or sunny window (but avoid cooking them in direct sun which can dry them out). Also consider placing trays or garbage bags under the bottles to catch any drips, especially for the overwatered group.
- **Advance Prep:** It's wise for the teacher or lab technician to **pre-cut** the bottles with a utility knife (cutting just below the shoulder where the bottle widens) before class. Leave a small hinge so the top can flip open but stay attached ([westlothian.gov.uk](http://westlothian.gov.uk)). This saves time and ensures no one struggles with tough plastic. If students will do cutting, plan for supervision at a designated “cutting station.”
- **Sort and portion materials:** Have piles of browns and greens ready. You might pre-shred some newspaper and break leaves into smaller bits (students can also do shredding as part of the activity). Gather soil into cups or bowls for easy distribution.
- **Safety Emphasis:** Review how to safely handle the cutter/scissors and the importance of washing hands. If any students have mold allergies, be mindful and perhaps assign them to a group less likely to generate heavy mold (e.g. the control or activator group might be “cleaner” compost, whereas the no-air/overwater might get funky).

### Procedure & Facilitation Tips

**Introduction (before starting):** Frame the activity with a short discussion. For example: *“What happens to our food waste? If we throw it in the trash, it rots in a landfill (linear system). But if we compost it, we return nutrients to soil to grow more food (circular system). Today, each group will build a compost in a bottle and tweak one factor to see how it impacts decomposition. Think of yourselves as scientists isolating variables.”* Emphasize the importance of **controlled variables** – all groups, except for their one variable, will do everything the same (same amounts, same materials, same bottle type, etc.). List the six conditions on the board and assign groups (or let them choose with guidance). Conditions: **1) All optimal (control), 2) No shredding, 3) Flipped ratio (greens:browns 3:1), 4) Overwatered, 5) No aeration, 6) Added activator.**

As they formulate questions, circulate, and assist. Ensure each group has a distinct question aligning with their variable. Examples they might use:



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

4

- **Group 1 (Control):** “How fast will optimal compost break down in 10 days, and what will it look like?” (Or they can predict generally and serve as a baseline.)
- **Group 2 (No Shredding):** “Does leaving food scraps whole (not shredded) slow down the decomposition rate compared to shredded scraps?”
- **Group 3 (Flipped Ratio):** “What happens to decomposition if we use 3 parts greens to 1 part browns instead of the recommended opposite ratio? Will it decompose faster or produce more odor?”
- **Group 4 (Overwatered):** “How does excess water (saturated compost) affect decomposition and smell compared to a properly moist compost?”
- **Group 5 (No Aeration):** “If no oxygen can enter (sealed bottle), will the compost still decompose? Will it smell different than one that’s aerated?”
- **Group 6 (Activator):** “Does adding a compost activator (like manure or garden soil) speed up decomposition in a small-scale compost?”

**During Setup:** Monitor that groups follow layering instructions properly. Common guidance to remember:

- *“Tear those banana peels and leaves into smaller bits, unless you’re the no-shred group.”*
- *“Make sure you have a lot more dry browns than juicy greens – roughly three times – except the group testing the flipped ratio.”*
- *“Everybody add a little soil here and there. Group 6, here’s your special activator – sprinkle it in as you layer.”*
- *“Stop filling when ~3/4 full; leave some headspace.”*
- *“Spray until it’s like a damp sponge. Group 4, you can go ahead and overwater until it’s quite soggy – note what that looks like.”*
- Check the control group’s bottle to ensure it’s a good reference: well-shredded, correct layering, dampness, and with a few air holes. You might encourage the control group to also measure the temperature right after setup as a baseline (likely room temperature).



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

5

Have students clearly mark the initial height. All bottles should then be closed and placed together. Make sure Group 5 (no air) has sealed theirs – tape around the cut seam and leave the cap on tight. Others can leave caps off or loose – you might loosely cover with a piece of cloth or paper towel to prevent fruit flies but still allow air. (This is optional; in 10 days indoors, it might not become a big issue. If flies are a concern, you could cover all bottles with mesh secured by rubber bands, but that complicates the “no air” condition – so perhaps skip mesh for that one, or acknowledge the slight inconsistency.)

**Managing Observations:** On observation days (3, 6, 10), allocate time for students to inspect and log data. It might be useful to have **thermometers shared**: e.g. a couple of students go around inserting a thermometer in each bottle (through a hole or by opening lid briefly). Remind the **no-aeration group not to open or poke holes** – they can tape the thermometer to the outside of the bottle and compare to room temperature as a proxy, or briefly crack it *at the end* for data. (The internal temp of the sealed one likely won't rise much anyway.) Encourage all groups to **smell cautiously** (some composts could be pungent). Have paper towels on hand for any drips when stirring or opening bottles.

If an **overpowering odor** is noticed from any bottle (likely group 3, 4 or 5 as things turn anaerobic), you can move those bottles near a window or outdoors for that part of class. But instruct students to note those smells – they're part of the results (e.g. a strong ammonia whiff for high-nitrogen Group 3 ([joegardener.com](http://joegardener.com)), or a sulfuric rotten smell for the oxygen-deprived groups ([joegardener.com](http://joegardener.com))). These concrete observations reinforce why compost needs balance.

**Facilitation during analysis (Day 10):** Have each group share out: “Here's our setup, here's what happened.” You might chart results in a table on the board: e.g., columns for each group and rows for: *temperature change, volume reduced, odor description, visible decomposition*. This visual comparison helps everyone see the differences side-by-side. Ask guided questions:

- “Which compost stayed the most neutral (least smelly)? What do those have in common?” (Likely the control and activator – both well-balanced and aerobic – had minimal foul odor, showing **balanced, aerobic compost doesn't smell bad**; [joegardener.com](http://joegardener.com).)
- “Which conditions led to bad odors?” (No-air and overwater – students should connect that to **anaerobic microbes** producing odorous compounds; [joegardener.com](http://joegardener.com). Also greens-heavy might have ammonia smell – link to **excess nitrogen** volatilizing; [joegardener.com](http://joegardener.com). They might find that Group 3's bottle smelled like ammonia/strong, whereas Group 5 or 4 might smell rotten; different problems due to different imbalances.)
- “Where did we see the fastest decomposition (greatest volume loss or most unrecognizable material)?” (Possibly the Activator group and Control group. The activator adds microbes and maybe extra nitrogen, which could accelerate breakdown early ([joegardener.com](http://joegardener.com)). Control should do well because everything was optimized. You might find their volume dropped



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

6

significantly, and the material looks more broken down. If any bottle actually warmed up a few degrees, likely the activator or control did so first.)

- “Which bottles grew a lot of mold? Why might that be?” (Often, **large unshredded pieces** or surface-exposed materials invite fungi – so Group 2 might have more visible mold on big chunks since bacteria couldn’t as quickly break them internally. Also **anaerobic bottles** might get surface mold when some air is at the top but the interior is oxygen-starved; or they might just get slimy bacteria.)
- “Nutrient outcome?” If nitrate tests were done, see if any group shows notably different readings. Fully aerobic compost tends to convert ammonium to nitrate (a sign of active nitrification). The anaerobic one may retain more ammonium (or just have an ammonia gas odor). This might be advanced for students, but you can mention that high nitrate levels in the activator or control might indicate healthy decomposition that forms stable nutrients ([joegardener.com](http://joegardener.com)).

Encourage students to link back to the **circular economy theme**: Ask, “What would happen if we took the finished compost and grew something with it? How does that close the loop?” Possibly even connect to local issues: “How can composting at school or home reduce waste to landfill?”

#### Troubleshooting:

- If a bottle dries out (happens if left in the hot sun or if not enough greens are added), add water and note that it was dry (this affects results). If a bottle is too wet and stinky early, you can allow an extra opening/stir in between scheduled days *as a corrective measure* – just record that intervention. But ideally, let them experience the “failure” because it’s instructive (and short-term).
- If students don’t see much change by Day 6, reassure them that decomposition is happening (some changes are microscopic). By Day 10, differences should be more pronounced. If timing allows, extending to 2 weeks (Day 14) could show even more, especially for the slower treatments.
- For the no-aeration bottle, there’s a chance pressure could build if lots of gas forms (unlikely with such a small scale and short time, but if they added a ton of greens and sealed, maybe CO<sub>2</sub> buildup). Just have them open it carefully at the end. Generally, it’s safe – the worst is a bad smell “burp.”

**Cleanup:** Have a plan for disposing of the compost. Ideally, dump all groups’ contents into a larger compost bin or a hole in the school garden. This reinforces the idea that it will continue decomposing naturally. At minimum, seal it in a garbage bag and throw it out (not ideal, but sometimes necessary).



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

7

Students should not leave the materials in the bottles long-term (they will really stink and attract flies if kept closed and warm beyond the experiment). Bottles can be rinsed and recycled.

#### Expected Results & Observations by Group

Here's a summary of what you (and students) will likely observe for each experimental condition:

- **Group 1 – Optimal (Control):** This bottle should perform best. Expect a noticeable volume reduction (perhaps the content sinks by 20–30% or more) by day 10. The contents will darken in color; many soft foods will start turning into unrecognizable mush or dark fragments. **Odor** should be minimal or **earthy-neutral** – a properly balanced, aerated compost **should not have a foul odor** ([joegardener.com](http://joegardener.com)). If opened, it might smell like damp forest soil. You may see some **white fungal threads** or actinomycetes on the decaying leaves – that's normal in healthy compost. **Temperature** might rise a few degrees above room temperature in the first few days, but in a small volume it will cool quickly.
  - *Teacher insight:* Use the control to demonstrate “This is how compost is **supposed** to work when done right.” It likely won't fully turn to soil in 10 days (that takes weeks/months), but it should be clearly decomposing. Little to no slime. Possibly some condensation if warm inside, but generally not soaking wet.
- **Group 2 – Not Shredded:** This compost will decompose **slower**. Large chunks (banana peels, orange rinds, big leaves) will still be clearly present and retain more of their shape than other groups. Students might note less volume reduction than the control. You might find more **surface mold** on these larger pieces – because microbes attack where they can; unshredded pieces rot from the outside in. **Odor** should be relatively normal (assuming all else was optimal), perhaps a bit musty but not dramatically foul, since they still have a good brown ratio and air. If some pieces went anaerobic inside (e.g., the center of a whole fruit piece), there could be a slight localized smell, but generally this group sees that “*it's composting, just very slowly.*”
  - *Key lesson:* Particle size matters. Cite how shredding leaves or paper speeds breakdown ([joegardener.com](http://joegardener.com)). Students will likely conclude that not shredding “slowed decomposition as hypothesized”.
- **Group 3 – Greens-Heavy (3:1 greens to browns):** This bottle is essentially a high-nitrogen, low-carbon compost. Expect it to run into problems: **\*\*Odor likely\*\*** – often an ammonia-like sharp smell, because excess nitrogen can off-gas as ammonia when not enough carbon is there to bind it ([joegardener.com](http://joegardener.com)). It might start developing an odor by mid-experiment, especially when opened. The material could turn **wet and clumpy** (as green scraps break down, they release water and there aren't enough dry browns to absorb it). There may be some **white maggots** (fly larvae) if flies got in, since high-green, smelly compost can attract



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

8

them – a gross but educational opportunity to discuss nature’s recyclers (if this happens, handle carefully and cover it!). **Volume reduction** might actually be somewhat high (greens decompose fast), but what remains could be a wet sludge rather than nice fluffy compost. Possibly little to no fungal growth – because bacteria dominate in high nitrogen environments, but if it goes very anaerobic, you might see surface molds once exposed to air. **Temperature** could spike early (microbes love nitrogen) but if the bottle turned anaerobic, the microbial activity (and heat) would drop off. (Likely any heat diffused given the small size.)

- *Interpretation:* This group demonstrates why too many “greens” without browns is problematic. The fix in real composting would be to add dry carbon materials to restore balance ([joegardener.com](http://joegardener.com)). Students often remark on the strong **ammonia smell** – pointing out that nitrogen is being wasted to the air (and a reason composters cover fresh grass clippings with leaves, etc.).
- **Group 4 – Overwatered:** This will likely be the **most unpleasant** of the set. By saturating the pile, the students created **anaerobic conditions** – microbes quickly use up oxygen in waterlogged pockets, and without air, the anaerobic bacteria take over, producing **foul, putrid odors (like rotten eggs or sour garbage)** ([joegardener.com](http://joegardener.com)). The contents will appear **sopping wet**, maybe with a layer of gray slime. You might see **bubbles** or anoxic slime molds. There will likely be **no significant heat** (anaerobic decay is slower and cooler). **Fungi** might not grow much either (they need oxygen); instead, there could be a bacterial sludge. **Volume** may shrink somewhat, but the breakdown is inefficient – you’ll likely still recognize many of the original materials, just waterlogged and discolored. If you smell sulfur (“rotten egg”), that’s from anaerobic microbes producing hydrogen sulfide. This bottle could also attract flies if opened, but the smell might keep them away, too!
  - *Teaching moment:* Emphasize the **importance of aeration and proper moisture**. Compost should be moist, not dripping ([joegardener.com](http://joegardener.com)). If it gets too wet, turning and adding dry material is the solution – essentially what they should infer if doing it “for real.” This group’s experience shows what happens in a stagnant swamp or a landfill (mostly anaerobic decomposition yielding methane, etc.).
- **Group 5 – No Aeration (Sealed):** This is similar to Group 4’s situation, but perhaps a bit less extreme depending on moisture. With no fresh oxygen, once the initial air is depleted, the process slows. Early on, this bottle might act like the control for a day or two (when oxygen is still inside), but by Day 3-6, it likely smells **fermenty or rotten**, indicating a shift to anaerobic. You might see **condensation** on the walls (water produced with nowhere to evaporate). **Mold growth** might appear on the inside of the bottle or top of the pile, because while the interior is oxygen-starved, a little air at the very top near the lid might allow some fungi to grow on the surface. There could be a mix of **ammonia odor and sulfur odor** – closed systems often get a general “bad compost” smell ([joegardener.com](http://joegardener.com)). **Volume reduction** will likely be the least of all groups; decomposition essentially stalls once anaerobic. The material might just look stewed rather than composted. Students might note that it looks similar to the overwatered



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

9

outcome. One difference: if it wasn't overly wet at the start, it may not be as soupy as Group 4, but still rotten in patches.

- *Connect to real-life:* This is what happens when compost bins lack airflow. Many closed tumbler bins have this issue if not turned into. The fix is introducing air – e.g., poking holes, turning the pile.
- **Group 6 – Compost Activator (Added Soil/Manure):** This should perform as well as or better than the control. With extra decomposers and nutrients, **decomposition can accelerate**. You may observe **higher temperatures early on** if they added manure – manure's high nitrogen can heat compost (though in a bottle, heat loss is fast). Certainly, the **volume should drop significantly**, and by the end this group's compost might look the most broken-down (aside from maybe control). The presence of soil can make their mixture look darker sooner (as soil mixes into the decomposing bits). They might notice more of an **“earthy” smell** – soil brings that good earthy aroma (actinomycetes), which can actually help suppress foul odors ([joegardener.com](http://joegardener.com)). If manure was used, there might have been a slight manure smell initially, but it often gets composted out; just ensure they didn't add too much (excess fresh manure could cause ammonia smells, but assuming moderation, it should be fine). **Fungal growth** might be moderate – soil contains fungal spores that help decay. Overall, expect a **well-decomposed result** with this group.
  - *Point out:* Adding a scoop of old compost or soil is a common practice to **inoculate** a new compost pile with the right microbes. Many “compost starter” products exist, but as students see, compost will happen with or without them – Group 6 might be only marginally ahead of control. Joe Gardener's guide notes that adding inoculants isn't usually necessary since microbes are everywhere, but it doesn't hurt. In a short experiment, it might give Group 6 a slight edge, which students can note.

After each group presents, lead a synthesis discussion linking observations to principles. Ensure students grasp: **aerobic vs anaerobic** (oxygen made the difference between earthy vs smelly outcomes), **C:N balance** (greens-heavy compost smelled because too much N escaped as ammonia, whereas balanced had no odor), **particle size** (shredding exposes more surface for microbes), and **moisture** (just right is key – too dry microbes go dormant, too wet they drown and stink). These are exactly the factors managed in real composting operations ([joegardener.com](http://joegardener.com)).



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

10

#### Assessment – Teacher Rubric

Evaluate student performance in this activity based on their engagement in the process and the quality of their analysis. Below is a rubric with criteria across the experimental workflow and understanding:

Criteria	Exceeds Expectations (4)	Meets Expectations (3)	Approaches Expectations (2)	Needs Improvement (1)
<b>Question &amp; Setup –</b> Formulating hypothesis and building composter correctly	<i>Question</i> is insightful, testable, and clearly ties to the variable. Experiment setup is meticulous: followed all instructions, controlled other variables well. Bottle labeled, layers and moisture spot-on, variable applied correctly without prompting.	Formulated a relevant testable question for the variable. Set up the compost with proper layering and conditions, minor issues at most. Needed minimal guidance; clearly marked initial data.	Question or purpose was vague or needed teacher clarification. Set up had some errors (e.g. layering mistakes, forgot a step) that required intervention. Initial measurements/labels may be incomplete.	Did not formulate a clear question or misunderstood the variable’s purpose. Major errors in setup (ignored layer ratio, overfilled, etc.) or required constant teacher correction. Little care in initial measurements or labeling.
<b>Observation &amp; Data Collection –</b> Recording regular observations with detail	Detailed, consistent data entries on all observation days. Quantitative data (heights, temp) are accurate and complete. Qualitative notes richly describe odor, visual changes, etc. Student clearly engaged (e.g. additional sketches or daily notes beyond required).	All required observations recorded at each checkpoint. Data is mostly complete and reasonably accurate. Descriptions capture the main changes (e.g. noted presence of mold, smells). Might have minor gaps, but overall good scientific journaling.	Inconsistent data recording – some days missing or incomplete. Observations lack detail (e.g. just “it smells” without description). Some measurements taken but maybe with error or not every time. Needed reminders to record data.	Little to no recorded data. Many observation points missing. Descriptions are too sparse or absent (e.g. “stuff looks bad” with no specifics). Shows minimal effort in tracking the experiment.



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

11

<p><b>Analysis &amp; Understanding</b> – Interpreting results and connecting to compost principles</p>	<p>Provides a thorough, insightful analysis. Accurately explains how their variable affected decomposition, citing specific evidence from their data. Connects results to compost science (e.g. identifies aerobic vs anaerobic causes of observations) using correct terminology. Draws meaningful comparisons with other groups and relates to the big idea of circular systems. May offer creative suggestions or real-world applications (e.g. how to fix a smelly compost).</p>	<p>Adequately explains their results and whether the hypothesis was supported. Identifies key effects of their variable (e.g. “no air caused bad smell because of lack of oxygen”) with reasonable understanding of underlying reasons. Compares results across groups correctly (at least qualitatively) and recognizes the link to broader concepts (waste recycling, etc.).</p>	<p>Some attempt to explain results, but with gaps or minor misconceptions. Might recognize what happened (e.g. “it smelled bad in no-air”) but not clearly explain why. Connections to other groups or circular economy might be superficial or prompted by the teacher. Analysis lacks depth but shows partial understanding.</p>	<p>Little to no understanding demonstrated. Conclusions are missing or very inaccurate (e.g. claims unrelated causes, or fails to answer the hypothesis). Cannot explain the outcome of their variable. Did not connect the activity to composting principles or bigger picture.</p>
<p><b>Collaboration &amp; Presentation</b> – Teamwork during experiment and clarity of final presentation</p>	<p>Team worked seamlessly, with each member contributing. During presentations, information was very well-organized and engaging. They answered questions from peers/teacher with confidence and clarity. Any visual aids or data summaries were excellent.</p>	<p>Group collaborated with no significant problems; tasks were shared. Presentation was clear and covered all key points (what they did, what happened, and why). Could answer basic questions about their project.</p>	<p>Some teamwork issues (one person doing most work or conflicts). Presentation of results lacked some clarity or omitted a key aspect (e.g. forgot to address hypothesis or comparison). May have needed prompts to fill in gaps.</p>	<p>Poor teamwork (group was off-task or disorganized). Presentation was very unclear or incomplete (e.g. just read notes with minimal explanation). Could not answer questions about their experiment, indicating lack of engagement or understanding.</p>



## Module 1 – Foundations of Sustainable Agri-Food Systems & Circular Economy

### Hands-On Activity B: Bottle Compost & Decomposition Challenge

12

**Note:** You can adjust this rubric to weight certain skills more (for instance, emphasize the scientific explanation portion). Additionally, consider assessing the students' **reflection questions** or a brief post-lab quiz to gauge individual understanding.

### Conclusion

This “Bottle Compost & Decomposition Challenge” is a rich activity that makes the invisible process of decomposition visible and smellable (for better or worse!). It reinforces that with the right approach – a proper mix of materials, moisture, and aeration – **nature recycles waste into a resource**. Use the successes (Group 1 & 6) and “failures” (Group 4 & 5) as case studies. Students should come away with practical knowledge, e.g., “If my compost stinks, I probably need to turn it and add browns” ([joegardener.com](http://joegardener.com)). More broadly, they’ll appreciate that closing the loop (linear to circular) isn’t just abstract theory; it can be as hands-on as watching banana peels and leaves turn into soil. This sets the stage for further lessons on soil health (Module 3) and waste-to-resource strategies (Module 2), building a systems thinking mindset. Enjoy watching your students become waste **rethinkers** and budding composters!